



Women's Hormone Center of Northern Virginia, PC.

Donna G. Hurlock, M.D.
Gynecologist, NAMS Certified Menopause Practitioner

Donna G. Hurlock, MD Curriculum Vitae

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Current Position

Owner/director of the Women's Hormone Center of Northern Virginia, PC. in Fairfax, Virginia since June 2015. Specializing in thyroid replacement and estrogen replacement in women.

Previous Position

Owner of Donna G Hurlock, MD, PC, a solo private gynecology practice in Alexandria, Virginia since 1988, with emphasis on hormonal issues and preventive medicine.

Education

OB-GYN residency at the Washington Hospital Center, Wash. DC, 1979-1983.

MD degree from University of Maryland School of Medicine, 1979.

BS degree in Psychology from Duke University, 1975.

Awards

Certified Menopause Practitioner since Dec, 2000.

Board Certified in OB-GYN, 1985.

Phi Beta Kappa, Duke.

Magna Cum Laude with Honors, Duke.

Professional Memberships

Past Member, North American Menopause Society.

Member, American Association of Physicians and Surgeons.

Past Member, Bone Club of Washington DC.

Member, Medical Society of Virginia.

Past Member of Board of Advisors, Physicians Committee for Responsible Medicine.

Publications

"Single-Payer is Exactly the Wrong Way to Go", a letter to the editor of the Sun Gazette, McLean, Oakton, Falls Church, Vienna, April 13, 2017.

Featured expert in The Menopause Thyroid Solution, Mary Shomon, Harper Press, 2009.

The Truth about Estrogen. A review of the "Women's Health Initiative" and how the results were manipulated and misinterpreted, Jan 2008.

Letter to the Editor of OB-GYN News questioning the FDA's recent recommendation to minimize the use of hormone replacement therapy, Feb 2006.

Featured expert in Guidelines from Experts in Thyroid Disease; Diagnosis and Management of Hypothyroidism in Women, "Clinical diagnosis and physiologic treatment of hypothyroidism in gynecologic practice", Galen Press Inc, 2002.

Featured expert in "The Estrogen and HRT Controversy – Different Sides of the Discussion Presented", Mary Shomon, Thyroid-Info.com, July 2002.

Barnard ND, Scialli AR, Bertron P, Hurlock D, Edmonds B. "Acceptability of a Therapeutic Low-Fat, Vegan Diet in Premenopausal Women", J of Nutrition Ed, vol 32, #6, Nov/Dec 2000.

Interviewed/quoted for articles in Cosmopolitan Magazine, July 2000, Discover Magazine, Aug 2000, Better Nutrition Magazine, June 2000, WebMD news service, several newspapers and radio stations.

Barnard ND, Scialli AR, Bertron P, Hurlock D. "Effectiveness of a low-fat vegetarian diet in altering serum lipids in healthy premenopausal women", Amer J of Cardiol, vol 85, Apr 2000

Barnard ND, Scialli AR, Hurlock D, Bertron P. "Diet and sex-hormone binding globulin, dysmenorrhea, and premenstrual symptoms", Obstet Gynecol, 95(2): 245-50, Feb 2000.

Bone Builder's Backpack (a device to improve bone density in menopausal women) patented 2000.

“Breast cancer’s unnatural causes”, published letter to the editor of OB-GYN News, Mar 1998.

“Chemicals and breast cancer: One more reason not to eat meat”, Vegetarian Society of DC News, Nov 1997.

“Laser surgery, animal demonstrations and non-animal techniques”, PCRM Update, vol 7(5), 1991.

Speaking Engagements

Lecture: “Angeliq: A New Option for the Treatment of Menopausal Symptoms” for Bayer, Reston VA, Fredericksburg VA, and Tyson’s Corner VA, on Mar 19, 2008, Oct 17, 2007 and Oct 16, 2007.

Lecture: “The Diagnosis and Treatment of Vulvovaginal Candidiasis” for Ther-Rx, Wash DC, Nov 9, 2004.

Lecture: “Hormone Replacement Therapy: Issues, Facts and controversies” for Congressman Jim Moran’s Annual Women’s Issues Conference, Alexandria VA, Sept 18, 2004.

Lectures about Femring, Femhrt and the “Women’s Health Initiative” for Warner-Chilcott, Alexandria VA, Arlington VA, Ellicott City MD, Sept - Nov 2003.

Lectures at offices of Annandale Women and Family Physicians and at Alexandria Family Physicians about the “Women’s Health Initiative” for Wyeth, July 31 and Aug 14, 2003.

Lecture: “Postmenopausal Osteoporosis: A Perspective for Gynecologists” for Merck, Richmond VA, April 24, 2003.

Lecture: “Postmenopausal Osteoporosis Issues: The Women’s Health Initiative and Other Clinical Studies” for Merck, Tyson’s Corner VA, April 10, 2003.

Lecture: “Targeting Postmenopausal Osteoporosis” for Merck, Wash DC, Jan 23, 2003.

Lecture: “Postmenopausal Osteoporosis Issues: The Women’s Health Initiative and Other Clinical Studies” for Merck, Fredericksburg VA, Nov 13, 2002.

Lecture: “Targeting Postmenopausal Osteoporosis” for Merck, Tyson’s Corner VA, Nov 6, 2002.

Lecture: “Postmenopausal Osteoporosis: Focus on the Hip” for Merck, Tyson’s Corner VA, Oct 24, 2002.

Lecture: “Hormone Replacement Therapy and the Women’s Health Initiative” for Pfizer, Tyson’s Corner VA, Aug 22, 2002.

Debate with Dr. Jacques Rossouw, Director of the Women’s Health Initiative Study, on The Diane Rhem Show, National Public Radio, WAMU, July 31, 2001.

Moderator for ASRM roundtable CME meeting “Progesterone Issues” for Solvay, Wash DC, Oct 30, 2000.

Lecture: “Antidepressant Therapy: A Clinical Discussion” (about the use of Sarafem to treat PMDD) for Lilly, Alexandria VA, Oct 19, 2000.

Lecture: “Health Benefits of a Vegetarian Diet” at Vegfest, Wash DC, Oct 14, 2000.

Lecture: “Hormone Replacement Therapy” to Novartis representatives, Sept 20, 2000.

Lecture: “What Can Estrogen Do for You?” for the Health, Wellness and fitness Fair at Goodwin House Retirement Home, Alexandria VA, May 31, 2000.

Moderator for CME symposium “Prevailing Trends in Surgical Menopause” for Solvay, May 4, 2000.

Television appearance concerning dietary treatment of PMS symptoms, Maryland News Nightly, Mar 14, 2000.

Lecture series: “Estrogen, Menopause, Osteoporosis and Breast Cancer” for the Women’s Group at Emmanuel Church on the Hill, Alexandria VA, Oct 1998.

Television appearance concerning “The Real Cost of Healthcare: Crisis or Confusion” (a discussion on HMO’s) on Global Village, a cable TV show on The Research Channel, Univ of Maryland, July 17, 1998.

Television appearance concerning PCRM study of use of vegetarian diet to treat menstrual issues with Bob Althage, News Night Maryland, Maryland Public Television, Owings Mills MD, Nov 17, 1997.

Lecture: “Health Benefits of a Vegetarian Diet” at Vegfest, Wash DC, Oct 18, 1997.

Lecture: “Maximizing Health and Minimizing Stress” for Springfield Christian Women’s Group at Ft. Belvoir Officer’s Club, Ft. Belvoir VA, Oct 8, 1997.

Lecture: “The Value of a Vegetarian Diet” to members of the Physicians Committee for Responsible Medicine, Wash DC, July 7, 1997.

Lecture: “Menopause and Related Topics” for the public at Minnie Howard Middle School, Alexandria VA, May 29, 1997.

Television appearance concerning animal testing in medical research, Channel 20 News, Sept 8, 1996.

Lecture: “STDs” for St Stephens and St Agnes School Parent’s Fair, Alexandria VA, April 20, 1996.

Organized and moderated a 5-hour symposium for the general public: “Women’s Health Issues for the 90’s and Beyond”, Ritz Carlton, Crystal City VA, April 5, 1996.

Television appearance concerning “Fast Food and Cholesterol”, Fox Morning News, Wash DC, Feb 12, 1996.

Television interview concerning “The Etiology of Breast Cancer” at The Walk to Fight Breast Cancer, Alexandria VA, Oct 28, 1995.

Television appearance concerning “Breast Cancer and Estrogen” with Andrea Rhone and Mike Buchanan, DC Channel 9 News, Wash DC, June 23, 1995.

Television appearance concerning “Dairy Products – Healthy or Harmful” with Denise Richardson on News Talk Television, May 1, 1995.

Lecture: “Animal Rights and Disease Prevention” for the American Antivivisection Society at the Liberation Festival, Philadelphia PA, May 1, 1994.

Lecture: “Menopause” for Alexandria Business and Professional Women, Alexandria VA, Mar 8, 1994.

Lecture: “Menopause and Disease Prevention” for St John’s Church Group, Springfield VA, Feb 24, 1994.

Lecture: “Menopause” for the Office of the US Senate, Wash DC, Nov 3, 1993.

Organized and moderated a conference on “Diet and Disease Prevention: Shifting our Medical Priorities” for Northern VA Institute for CME, Alexandria Hospital, Alexandria VA, Oct 23, 1993.

Speaker: “Ask the Doctor: Menopause” for Alexandria Hospital, Alexandria VA, June 30, 1993.

Lecture: “The Female Transition Years: 35-60” for Northern VA Physicians, Alexandria VA, April 28, 1993.

Chairman for conference on “STD’s in the 90’s” for Northern VA Institute for CME, Alexandria VA, April 24, 1993.

Television appearance concerning “STD’s – Current Epidemic” for Alexandria Hospital, Channel 9 WUSA News, Washington DC, April 12, 1993.

Lecture: “Ovarian Cancer” for Alexandria Business and Professional Women’s Association, Alexandria VA, May 9, 1993.

Staff for gynecology information booth, Festival of Health, Alexandria VA, Mar 6, 1993.

Lecture: “Vegetarianism and Politics” for House Committee on Agriculture, Congressional Office Building, Wash DC, Feb 25, 1993.

Lecture: “Why Dissection is Unnecessary in Medical Schools” for PETA news conference, National Press Office Building, Wash DC, Oct 2, 1991.

Chairman for conference on “Innovative Therapies in Gynecology” for Northern VA Institute for CME, Alexandria VA, Sept 19, 1991.

Lecture: “The Use of Oral Contraceptives in Perimenopause” for Annual Convention of Nurse Practitioners, Richmond VA, Sept 11, 1991.

Lecture: “Osteoporosis and Estrogen Replacement Therapy” for Hellenic American Society of Physicians, Bethesda MD, June 7, 1991.

Speech on “The Future of Animal Research” for In Defense of Animals at a rally against the use of animals in military research, Bethesda Naval Hospital, Bethesda MD, April 27, 1991.

Lecture: “Estrogens: How to Use Them and How to Gain Patient Compliance” for Northern VA Institute for CME, Alexandria VA, Mar 9, 1991.

Lecture: “Menopause” for Women’s Wellness Conference at Alexandria Hospital, Alexandria VA, Nov 7, 1990.

Speech against use of animals in research for Physicians Committee for Responsible Medicine, Rally on the Mall, Wash DC, April 29, 1990.

Lecture: “Osteoporosis and Estrogen Replacement Therapy” for Dept. of Orthopedic Surgery, National Orthopedic and Rehabilitation Hospital, Arlington VA, Feb 26, 1990.

Lecture: “Laser Gynecologic Surgery” for Women’s Wellness Conference at Alexandria Hospital, Alexandria VA, April 6, 1989.

Speech on “Alternatives to Animal Testing of Cosmetics” for PETA news conference, National Press Office Building, Wash DC, Mar 2, 1989.

Lecture: “Menopause” for nurses at Mt. Vernon Hospital, Mt. Vernon VA, Sept 30, 1988.

Speaker: “Ask the Doctor – For Women Only” for Mt. Vernon Hospital, Mt. Vernon VA, Feb 19, 1986.

Lecture: “An Overview of Gynecology” for American Association of University Women, Woodbridge VA, Sept 10, 1985.

